



#### in association with

# Games we play on the Forest School training

### 1,2,3 where are you?

## Purpose of the game

- -to enjoy the feeling of hiding
- -to explore the site
- -to be in nature
- -as part of the lost-proofing process

### When to play the game

This is a good game to play at the beginning of your Forest School. You can play it so that the children feel confident on the site. <u>The children need to know the site</u> boundaries before you play this game.

### How to play the game

- 1. Remind the participants where the boundary markers are so they remember to stay inside them.
- 2. Give instructions to the participants and the call and their response ("1,2,3, where are you?" "1,2,3, I'm over here".)
- 3. All the participants hide. They stay really still and quiet. This is a great way to get children to do a sit spot especially if you tell them a quick nature story before you start!)
- 4. The Forest School leader (or another adult) then roams about the Forest School space looking for the participants and calling "1,2,3, where are you?" The participants call back, "1,2,3, I'm over here!"
- 5. The leader finds the participants and calls them by name. This ensures the participants feel seen.
- 6. Once they have been seen and named, they run back to the circle.

NB: count your participants out and back!